



UNIVERSITY OF
KWAZULU-NATAL™
INYUVESI
YAKWAZULU-NATALI



RURAL HEALTH CONFERENCE
PACASA • RuDASA • RuNurSA • RuReSA

23rd RURAL HEALTH CONFERENCE 2019

Port Shepstone, KwaZulu-Natal Province

5th-7th September 2019

Programme



INSPIRING GREATNESS

Thursday 5th September 2019 | Theme: Hearing Your Voice

08h00 - 10h00	Registration & Exhibition Tea & Coffee			
10h00 - 12h30	Conference Opening			
10h00 - 11h30	Welcome by RHC Chair : Dr Saul Cobbing Welcome by RHC Partners: RuDASA, RuReSA, RuNURSA, PACASA Blessing for the conference Opening Speech: KZN MEC for Health			
11h30 - 12h30	Key Note 1: Ungakwenza kwenzeka – You can do it – it is possible Mrs Bongiwe Zuma			
12h30 - 13h30	Light Lunch, Exhibition & Late Registration			
13h30 - 14h30	Plenary: The extent of patient and community engagement in ensuring participatory approaches in the delivery of rural health services Professor Nceba Gqaleni			
14h30 - 16h30	Parallel Sessions			
	Venue A: Our Voice	Venue B: Social Impact	Venue C: Community Voice	Venue D: Young Professionals Voice
14h30 - 14h50	“Rural-proofing” the primary care literature in South Africa (Dr TC Nkabinde & Adam Asghar)	The socio-economic impact of rural origin graduates working as healthcare professionals in South Africa (Professor Andrew Ross)	Whose voices are valued? Reflections on two evaluations seeking to amplify the voices of persons with disabilities (Sue Philpott)	Reflections on the experience of Nelson Mandela Fidel Castro (NMFC) collaboration during their reintegration in the South African health system in KZN (Hoffie Conradie)
14h50 - 15h10	Workshop: Thriving in Rural health through mentoring (Dr Madeleine Muller & Dr Jenny Nash) 90 minutes	Workshop: Social Accountability (Lyn Middleton & Bernhard Gaede) 90 minutes	Men, Media and Society (Nokwanda Khanyile)	Workshop: Who wants to be a Rural Doctor. Defining the outcome skills and attributes of rural training programmes (Professor Steve Reid) 90 minutes
15h10 - 15h30			The People for the Awareness of Disability Issues (PADI) Voice in South Africa (Dr Dhanashree Pillay & Ms Jenna Sher)	
15h30 - 15h50			The musculoskeletal impact of cranial loading portorage among rural Africans (Terry Ellapen)	
15h50 - 16h10			Sinezwi ‘We have a voice’ (Cathy Mather-Pike)	
16h10 - 16h30				
16h30 - 17h00	Tea break & Exhibition			
17h00 - 19h00	Student Meet & Greet & AGM			
19h00	Informal Supper & This is Rural Health (Bernhard Gaede)			

Friday 6th September 2019

07h00 - 08h00	Registration & Exhibition Tea & Coffee			
07h00 - 08h00	Welcome to Day 2 Theme Hearing Your Voice & Best Practice			
08h00 - 09h00	Key Note 2: Social accountability in healthcare practice-a nursing perspective Mrs Gcina Radebe			
09h00 - 10h00	Parallel Sessions			
	Venue A: Best Practice	Venue B: Best Practice for Self	Venue C: WBOT	Venue D: Young Professionals Voice
09h00 - 09h20	Hearing the voices of patient/client families – are we listening? (Prof Petra Brysiewicz)	Are we Advocating for Healthcare Worker Advocacy? (Karessa Govender)	What the elderly experience and expect from primary care in KwaZulu-Natal (Dr Keshena Naidoo)	Workshop: Rural Seeds Café 2019 (Bernhard Gaede) 90 minutes
09h20 - 09h40	Quality improvement project aimed at better understanding and addressing challenges of running an efficient triage system in a deeply rural district (Andrew Wilkins)	Workshop: Healer, heal thyself! How to heed the inner voice and prevent burnout (Suvira Ramlall) 2½ hours* *20 min Tea Break to fit into workshop time	Expertise on disability needed on WBOTS (Pam McLaren)	
09h40 - 10h00	Therapeutic hypothermia (head-cooling) for neonatal encephalopathy at Mseleni Hospital January 2016 - July 2018 (Nilene Van Velden)		Effectiveness of ICT-enabled Community Oriented Primary Care (Sanele Ngcobo)	
10h00 - 10h30	Tea break			
10h30 - 11h00	View Exhibition			
11h00 - 12h30	Parallel Sessions			
	Venue A: Best Practice	Venue B: Best Practice for Self	Venue C: WBOT	Venue D: Young Professionals Voice
11h00 - 11h20	Workshop: Giving Children with Cortical Visual Impairment a Voice (Heather Coombe) 90 Minutes	Workshop: Healer, heal thyself! *(Suvira Ramlall) *Note workshop starts at 9h00 and finishes at 12h00 including a 20 minute tea break	Drug Posters (2)	Workshop: Rudasa Indaba Mentoring (Mosa Moshabela) 90 minutes
11h20 - 11h40			Drug Posters (2)	
11h40 - 12h00			Drug poster (1) PHC Posters (1)	
12h00 - 12h20			PHC Posters (2)	
12h20 - 13h30		Izwi Labazali: sharing the work of CREATE with parents of children with disabilities (Mrs Bongiwe Mbona)	PHC Poster (1)	
12h30 - 13h30	Lunch break & Exhibition			

Friday 6th September 2019

12h30 - 13h30	Lunch break & Exhibition			
13h30 - 14h30	Key Note 3: The Role of Traditional Leaders in Health Care Inkosi Muziwenhlanhla Ngcobo			
14h30 - 16h20	Parallel Sessions			
	Venue A: Best Practice	Venue B: Community Voice	Venue C: PHC	Posters or Venue D PACASA Indaba
14h30 - 14h50	Surgical Skills Training in Primary Health Care. How to be on top of the game? (Hans Hendricks)	Are Tindzhaka and Tuberculosis the same illness? Working with Traditional healers in rural Bushbuckridge (Ryan Wagner)	Primary Health Care and Patient-Centred Care. The Challenge of the nurses. Case Study SW Nigeria (Monsurat Lateef)	Profession development (2)
14h50 - 15h10	Workshop: General Surgery by the Generalist Surgeon (Professor Steve Reid, Kathryn Chu) 90 minutes	Traditional health care services in Umkhanyakude District Municipality (Amos Mthembu)	Assessment of the Availability and Accessibility of Rehabilitation Services in a rural district of South Africa (Qhayiya Magaqa)	Profession development (2)
15h10 - 15h30		Workshop: Our voice – sharing the experience of community rehabilitation workers (Judith Mahlangu, Saul Cobbing, Theresa Lorenzo and Pam McLaren) 90 minutes	Community healthcare worker response to childhood disorders (Pragashnie Govender)	Paediatric (6)
15h30 - 15h50			Theoretical Guidelines To Support Health Communication Messages Within An Integrated Marketing Communication (Imc) Approach: A Thelle-Mogoerane Regional Hospital Case Study (Lucky Mawasha)	PACASA Indaba starts at 14h30 in Venue D
15h50 - 16h20			Portable digitised timesaving paediatric vision screener (Naimah Khan)	
16h20 - 17h15	Tea break & Exhibition			
17h15 - 19h30	Meet & Greet People & AGMs			
	Venue A	Venue B	Venue C	Venue D
	RuDASA	RuReSA	PACASA	RuNurSA
19h30 - 22h00	Gala Dinner			

Saturday 7th September 2019 | Theme Acting on the Voice & Best Practice

07h00 - 08h00	Exhibition – Tea & Coffee Station			
07h00 - 08h00	Conference & CPD registration			
08h00 - 09h00	Key Note 4: Mental health system costs, resources and constraints in South Africa: a national survey and case study for universal health coverage Sumaiyah Docrat & Donela Besada			
09h00 - 10h00	Parallel Sessions			
	Venue A: Best Practice Performance	Venue B: Best Practice Mental Health	Venue C: Best Practice Professional Development	Venue D: Best Practice Chronic Care
09h00 - 09h20	Workshop: Performance management of community care workers – The ASK method (Guin Lourens & Ruben Geweldt) 60 minutes	Mental Health and Primary Health Care. Can PHC Include Mental Health? (Dr Lennart Eriksson)	Using improvement science to better understand and address challenges in a deeply rural healthcare setting; sharing insights from an overbearing outpatients department at Madwaleni Hospital (John-D Lotz)	The Impact of Training Health Professionals, Healthcare Workers And Traditional Healers on The Early Warning Signs Of Childhood Cancer In The Rural Areas In South Africa, The Outcome Thus Far. Where To From Here? (Agie Govender Choc)
09h20 - 09h40			Hybrid Clinician-Managers – Combining Clinical and Managerial Worlds to make rural healthcare work (Jacobus Kotze)	Pain Management in South Africa (Thilo Govender)
09h40 - 10h00		Red Flag Early Identification Tool (Cathy Mather-Pike)	Place in the Sun: Reflections on Rurality (Professor Ian Couper)	Palliative Care- An Integral Component of Universal Health Coverage. Implications for Rural Communities (Thilo Govender)
10h00 - 10h30	Tea break			
10h30 - 12h00	Parallel Sessions			
	Venue A: Children & Carers Voice	Venue B: Best Practice Own Health	Venue C: Best Practice Professional Development	Venue D: Best Practice Training
10h30 - 10h50	Community Stakeholder's perspectives on the role of Occupational therapy in primary healthcare (Deshni Naidoo)	Workshop: Listening to your inner voice (LIVE) (Sarah Davids) 90 minutes	Why should we send our students away? An exploration of the transformative nature of learning in a decentralised clinical training placement. (Mershen Pillay & Penelope Flack)	Community Participation: What? Why? So what? and What Next? (Professor Steve Reid)
10h50 - 11h10			Kopano Ke Matla – In Unity there is Power (Michelle Flowers)	The Distributed Apprenticeship, up-scaling the training of doctors in rural spaces (Francois Coetzee)
11h10 - 11h30	Evaluating the implementation of the Standard Treatment Guidelines (Tashni Govender)		Workshop: learning the Vula App (William Mapham) 60 minutes	

11h30 - 11.50	Knowledge, attitudes and practices about nutrition and child development in mothers with under 5-year old children in a district hospital in KwaZulu-Natal, 2017 (Nonjabulo Ndaba)			
11h50 - 12h10				
12h00 - 13h00	Lunch break & Exhibition			
Saturday 7th September 2019 Theme Best practice				
13h00 - 14h00	Key Note 5: South Africa and HIV in 2019: What is rural medicine to make of all this? Professor Francois Venter			
14h00 - 15h30	Parallel Sessions			
	Venue A: Clinical Skills	Venue B: Mental Health	Venue C: CBR	Venue D: HIV
14h00 - 14h20	Workshop: Snakebite management in the rural district hospital (Dr Christoff Bell) 90 minutes	Workshop: Community Engagement (Russell van Rensberg) 90 minutes	Workshop: Developing a support and mentorship programme for community service health care workers (Martin Bac) 90 minutes	Sexual health needs of learners in Mamelodi (Roinah Ngunyulu)
14h20 - 14h40				The discourse of silence about HIV risk and HIV testing among people living in rural areas (Betty Chebitok)
14h40 - 15h00				Marked increase in antiretroviral therapy initiation in a rural KwaZulu-Natal community, after implementation of the universal test and treat guidelines at Bethesda District Hospital (Cyril Nkabinde)
15h00 - 15h20				The incidence of drug induced liver injury and nephrotoxicity in HIV/ TB co-infected patients in a regional hospital in the Ugu district of KwaZulu-Natal (Serisha Ramasir)
15h20 - 15h30				Nutritional support in HIV infected patients: perceived knowledge and practices among nurses working in a district hospital in KwaZulu-Natal (Simphiwe Andreas Mabaso)
15h30 - 16h30	Plenary: Moving Forward (Delegates reflection on RHC2019)			
	Awards for RHC2019 Best Presentations			
	Closing Comments (RHC 2019 Chair)			

POSTER TOPIC	PRESENTERS
AAC intervention in Children living in the Valley of 100 Hills	Casey Bieldt
Child functioning and disability in children living with HIV in a semi-rural setting in KwaZulu-Natal, South Africa	Lindie Mthethwa
Community Based Primary Healthcare Training for Physiotherapy Undergraduates: Perceptions of participating academics	Nomzamo Chemane
Cost-savings accruable to removing value added tax from antiretrovirals in the South African private health sector	Varsha Bangalee
Community Health Workers putting in words our challenges to be heard	CHW from Mamelodi
Developing Exercise Prescription Guidelines For Aged People Living With HIV In South Africa – A Study proposal	Levin Chetty
Development of an Optometric isiZulu Paediatric Rate of Reading Test for isiZulu primary school children	Urvashni Nirghin
The effect of Mhealth and conventional awareness campaigns on developmental literacy	Courtney Brown
Efavirenz-induced Hepatic injury in the "Treat All" era	Sherika Hanley
Follow up of feeding methods in low birth weight infants discharged exclusively breastfeeding from Madwaleni District Hospital neonatal unit – A pilot study.	Michaela Lotz
Let's Talk Disability	Michelle Flowers
Manguzi Gijima: Community orientated interventions for preventative medicine and breaking down barriers for people living with disabilities	Rael Sanzul
Mobile Clinic Toy Library Project	Irene Chetty
Proposal For Implementation of Autonomous Drone Delivery During Stockout of Medicines	Damerrick Perry
Role of Antibiotics in Uncomplicated Appendicitis	MD Mukit-ul Islam
Sight to the unseen (An analysis of the delivery of comprehensive optometric services to rural KwaZulu-Natal by the Department of Health)	Lungile Buthelezi
The effects of Momordica balsamina methanolic extract on kidney function in STZ-induced diabetic rats: effects on selected metabolic markers	Anelisiwe Siboto
UCT's Rural Support Network	Shandri Erasmus
Voices of Primary Health Care (Phc) Facility Managers Regarding Support and Supervision of Ward Based Primary Health Care Outreach Teams (Wbphcots) in National Health Insurance (Nhi) Pilot Districts in Kwazulu-Natal	Mbali Mhlongo
Walter Sisulu University health promoter establishes a rural Non-Profit Organization	Zimbini Madikiza and Karessa Govender

